

Legend

CONCERT	GENERAL	WORKSHOP	LECTURE/PAPER	MASTERCLASS	MEETING
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Wednesday 28 May 2025

12:00	Registration of Delegates		CITY PROGRAMME RESERVATION OBLIGATORY
15:00	EEMHUIS, EEMZAAL KADE CAFÉ		
15:00	SPOTLIGHT CONCERT		
	Dutch Young String Players (NJSO) + Amersfoort Music School students (SidK)		
	c: <i>Carel den Hertog, Orrin van Leeuwen, Jan Schoonenberg</i>		
15:45	ST.FRANCISCUS XAVERIUS CHURCH		
16:15	OPENING		
	<i>Public address by the Mayor of Amersfoort Mr. L. Bolsius</i>		
16:25	Formal opening ESTA 2025 - <i>Miriam Veeger, Chair ESTA NL</i>		
	CITY HALL		
16:30	WELCOME CONCERT		
	Worldpremiere of an ESTA International Conference composition		
	Keuris Youth String Ensemble	<i>Composer: Hans Scheepers</i>	
16:45	CITY HALL		
17:00	WELCOME RECEPTION		
	<i>By courtesy of the City Counsel of Amersfoort</i>		
17:45	CITY HALL		
18:00	DINNER TIME - on your own account, find a restaurant in the city center		
20:00	OPENING CONCERT		
	Young String players, ft. Enzo Kok v, Tosca Opdam v, Daniel Rowland v, Salomé Bonnema v		
	c: <i>Nico Schippers</i>		
21:00	ST. JORIS CHURCH		
21:30	JOIN THE JAM CAFÉ, bring your instrument		

23:00

ST. JORIS CHURCH / GERFKAMER

Thursday 29 May 2025 (Ascension Day)

8:00	Yoga and Bach Rhodes Selhorst / Lucia Swarts c					
8:45	EEMHUIS, ROOM 4.09					
9:00	Workshop - PI Cello: Teaching Artistry to Young Cellists from the Start Caroline Kang	Workshop - How a violin method shapes the musical upbringing of young violists Carmen Eberz	Workshop - Da Spalla: New Horizons for Violinists, Violists and Ensemble Leaders Dmitry Badiarov	Lecture - The History and Future of the Bow Bernd Müsing sponsored by ARCUS/Müsing EEMHUIS, ROOM 4.05	Workshop - Is the perfect children's shoulder rest yet to be invented? Aran O'Grady Alejandra Gonzáles Gordon sponsored by KUN Rest	
9:30						
9:45	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08		EEMHUIS, ROOM 4.02	
10:00	COFFEE BREAK sponsored by Pirastro EEMHUIS, CENTRAL CAFÉ			SHOW CASE EXHIBITORS EEMHUIS, EXHIBIT AREA		
10:45						
11:00	Workshop - Body Mapping, neuroscience and anatomy from the musician's perspective Ásdís Valdimarsdóttir	Workshop - Choir Suzanne Konings RESERVATION OBLIGATORY	Lecture - D'Addario Strings 101: The Science, History, and Care of Strings Markus Lawrenson sponsored by D'Addario EEMHUIS, ROOM 4.08	Workshop - Finding and sharing the emotions in the music through the image of human breathing Gabriel Szamosi	Masterclass - Left hand and Right hand techniques following M. Rostal Wolfgang Klos by support of Maatschappij tot Bevordering der Toonkunst	Workshop - From Ear to Bow: Integrating Musicianship into Violin Teaching Elise ten Westenend Tim Tomassen EEMHUIS, ROOM 4.01
11:30						
12:00	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06			EEMHUIS, ROOM 4.02	
12:00	LUNCH BREAK			EXHIBITORS' MEET		
13:00	EEMHUIS, CENTRAL CAFÉ			EEMHUIS, EXHIBIT AREA		
13:30	LUNCH CONCERT - Tango Trio Escapade w. Emma Breedveld, Bence Huszar, Sebastiaan van Delft RESERVATION OBLIGATORY					

14:00	ST. AEGTEN CHAPEL					
14:15	Workshop - Tango Dance <i>Mira van de Griendt</i> RESERVATION OBLIGATORY	Workshop - Pedagogical tools from XXth Century Music to enable the inner musician <i>Cécile Broché</i> EEMHUIS, ROOM 4.06	Workshop - Mind Your Back! <i>Severiano Paoli</i> sponsored by Eastman Music EEMHUIS, ROOM 4.08	Workshop - Enchanted Quest: Helping young beginners to consolidate their early set up. <i>Sue Hamerton</i> CANCELLED EEMHUIS, ROOM 4.05	Workshop - Alexander Method <i>Doris Hochscheidt</i> EEMHUIS, ROOM 4.02	Forum - Young Professionals: Shaping the Future of String Education <i>Sacha Paredes Sánchez</i> EEMHUIS, ROOM 4.01
14:30						
15:00						
15:15	ST. AEGTEN CHAPEL	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08	EEMHUIS, ROOM 4.05	EEMHUIS, ROOM 4.02	EEMHUIS, ROOM 4.01
15:30	Masterclass - Tango Strings <i>Emma Breedveld</i> Bring your own instrument! by support of Maatschappij tot Bevordering der Toonkunst	TEA BREAK sponsored by Pirastro EEMHUIS, CENTRAL CAFÉ			SHOW CASE EXHIBITORS EEMHUIS, EXHIBIT AREA	
16:00						
16:15		Lecture - Teaching Methods Stringbabies <i>Kay Tucker</i> EEMHUIS, ROOM 4.06	Workshop - Listening creatively - enabling the string players talent to blossom through integrative aural development <i>Anzél Gerber</i> EEMHUIS, ROOM 4.08	Workshop - Find Your Perfect Strings: A D'Addario Hands-On Workshop <i>Markus Lawrenson</i> sponsored by D'Addario EEMHUIS, ROOM 4.05	Workshop - The Magic of the Minibass <i>Claus Freudenstein</i> EEMHUIS, ROOM 4.02	
16:30						
16:45						
17:00	Workshop - Folk music, Folk Etudes (Engaging Violin Technique Through Folk Heritage) <i>Bojan Cvetrežnik</i> EEMHUIS, ROOM 4.09	Workshop - Jazz and Modern Violin, the Chop Technique <i>Oriol Saña</i> EEMHUIS, ROOM 4.06	Lecture - The pedagogy of Dominique Hoppenot <i>Alexis Galpérine</i> EEMHUIS, ROOM 4.08	Lecture - Igniting the SPARCK in early childhood instrumental learning: Somatic Experiencing Teaches the Body and Mind to Play <i>Alison Maerker Garner</i> EEMHUIS, ROOM 4.05	Workshop - A demonstration of the Silent Cello SVC110 of Yamaha <i>Mayke Rademakers</i> sponsored by Yamaha Music EEMHUIS, ROOM 4.26	
17:15						
17:45						
18:00						
18:00	DINNER TIME - on your own account find a restaurant in the city center					
20:00	EVENING CONCERT - A Double Bass is Having it's 200 years Birthday! Wilmar de Visser & Friends ST. AEGTEN CHAPEL					
21:00						
21:30	JOIN THE JAM CAFÉ, bring your instrument					

CITY PROGRAMME
RESERVATION OBLIGATORY

23:00

EEMHUIS, EEMZAAL KADE CAFÉ

Friday 30 May 2025

8:00

Yoga and Bach*Rhodes Selhorst / Kees Hulsmann v*

8:45

EEMHUIS, ROOM 4.09

9:00

**Workshop - Preparatory Violin –
auditive education for young
children aged 4–7***Heleen Delis***Workshop - Preparatory Cello***Leonie Stevens***Workshop - Preparatory Double
Bass: Who is afraid of the BIG BAD
BASS?***Norma Brooks***Workshop - A demonstration of
the Silent Cello SVC110 of Yamaha***Mayke Rademakers*

sponsored by Yamaha Music

**Workshop - Do's and Don'ts in
practical Violin and Cello
Maintenance by an experienced
violinmaker***Juriaan van Roon***RESERVATION OBLIGATORY****ESTA Presidents Meeting***All presidents of ESTA branches
welcome*

9:45

EEMHUIS, ROOM 4.09

EEMHUIS, ROOM 4.06

EEMHUIS, ROOM 4.08

EEMHUIS, ROOM 4.26

EEMHUIS, ROOM 4.02

10:00

**Workshop - The Hierarchy of the
four mysteries: a practical workshop***Pedro de Alcantara***Workshop - Choir***Suzanne Konings***RESERVATION OBLIGATORY****Workshop - Movement Quality
and Music Practice, inspired by
Feldenkrais***Corinna Eikmeier***Lecture - Cello techniques
according to Andre Navarra***Edmond Carlier***Lecture - Optimising the sound of
your instrument – with strings!***Maj-Britt Permien*

sponsored by Larsen Strings

10:30

EEMHUIS, ROOM Room 4.09

EEMHUIS, ROOM 4.06

EEMHUIS, ROOM 4.08

EEMHUIS, ROOM Het Palet

11:00

COFFEE BREAK

sponsored by Pirastro

SHOW CASE EXHIBITORS

11:30

EEMHUIS, CENTRAL CAFÉ

EEMHUIS, EXHIBIT AREA

11:45

Lecture - Bowing is drawing in time*Jan Verheye***Lecture - Find your artistic identity***Eider Armendariz Cividian***Lecture - Promoting meaningful
learning in string teaching
(Online)***Clarissa Foletto***Paper Presentation - Recep Gül's
Viola Concerto titled "The Dream"
and important viola works
composed by Turkish composers in
the 21st century***Baş Kerem Bahar*

EEMHUIS, ROOM 4.02

12:00

EEMHUIS, ROOM 4.09

EEMHUIS, ROOM 4.08

EEMHUIS, ROOM 4.05

12:15

12:30

LUNCH BREAK**EXHIBITOR'S MEET**

CITY PROGRAMME RESERVATION OBLIGATORY

13:15	EEMHUIS, CENTRAL CAFÉ			EEMHUIS, EXHIBIT AREA		
13:30	LUNCH CONCERT					
	Zemtsov Viola Quartet, w. Mikhail Zemtsov, Julia Dinerstein, Eduardo Lucena Cabrera, Maria Matskevich					
	sponsored by Thomastik Infeld					
14:00	ST. AEGTEN CHAPEL					
15:00	Workshop - ProTask psychological factors that influence music performance	Masterclass - Viola	Workshop - Folk music, Fiddlers on the move 10 years	Masterclass - Tuning your Body: Tuning Your Body: The effect of free posture on the free expression of the individual	Lecture - Earning an MBA in Music: A Revolutionary Path for a Musician’s Survival	Lecture - How to Teach a Beautiful Bow Hold using Tadpoles
	<i>Rico Schuijers</i>	<i>Julia Dinerstein</i>	<i>Bojan Cvetrežnik</i>	<i>Hanneke Bakker</i>	<i>Jessica Yuen</i>	<i>Nathan Waller</i>
15:30		<i>Henry Kelder p</i>	<i>Wouter Vandenabeele</i>	<i>Bruno Treipl</i>	EEMHUIS, ROOM 4.02	sponsored by Arcofrog
15:45	EEMHUIS, ROOM 4.09	by support of Maatschappij tot Bevordering der Toonkunst	EEMHUIS, ROOM 4.08			EEMHUIS, ROOM 4.01
16:00		EEMHUIS, ROOM 4.06		EEMHUIS, ROOM 4.05		
16:00	TEA BREAK			SHOW CASE EXHIBITORS		
	sponsored by Pirastro					
16:30	EEMHUIS, CENTRAL CAFÉ			EEMHUIS, EXHIBIT AREA		
16:45	Workshop - Barock Music, decoding the rhetorical codes	Lecture - Nurturing creativity with Graphic Scores	Workshop - Folk music, Tune learning session	Workshop - improvisation for beginners	Workshop - The use of Children Songs to encourage elementary Improvisation and composition in primary string teaching	
	<i>Antoinette Lohmann</i>	<i>Véronique Mathieu</i>	<i>Bojan Cvetrežnik</i>	<i>Thomas Gregory</i>	<i>Agnes Stein von Kamienski</i>	
17:15		EEMHUIS, ROOM 4.06	<i>Wouter Vandenabeele</i>			
17:30	EEMHUIS, ROOM 4.09		EEMHUIS, ROOM 4.08	EEMHUIS, ROOM 4.05	EEMHUIS, ROOM 4.02	
18:00	DINNER TIME - on your own account find a restaurant in the city center					
20:00	EVENING CONCERT					
	Haydn Youth String Orchestra (HJSO), Felicia Wardhana v					
	c: Jan Ype Nota					
21:00	ST. FRANCISCUS XAVERIUS CHURCH					
21:30	JOIN THE JAM CAFÉ, bring your instrument					
23:00	EEMHUIS, EEMZAAL KADE CAFÉ					

Saturday 31 May 2025

8:00	Yoga and Bach <i>Rhodes Selhorst / Bérengère Scheppler db</i>					
8:45	EEMHUIS, ROOM 4.09					
9:00	Workshop - Colourstrings, Violin <i>Géza Szilvay</i>	Workshop - Colourstrings, Cello, Method and philosophy (online) <i>Csaba Szilvay</i>	Workshop - Colourstrings, Double Bass, Teaching the doublebass to very young children <i>Bérengère Scheppler</i>	Workshop - Nurturing the Whole Musician <i>Maureen Yuen</i> <i>Emily Agemura</i> <i>Jamie O'Brien</i>	Paper Presentation - Resonance: Seeing Music with Cymatics <i>Laura Ritchie</i>	Lecture - What is Mindfulness and How can it support Music Teachers? <i>Ruth Phillips</i>
9:15					EEMHUIS, ROOM 4.02	
9:45					EEMHUIS, ROOM 4.01	
10:00	Workshop - The Chemistry of Nervousness <i>Julie Lyonn Lieberman</i>	Workshop - Choir <i>Suzanne Konings</i> RESERVATION OBLIGATORY	Workshop - Back to the Basics <i>Päivyt Meller</i>	Lecture - Unlocking Musical Expression Through Physical Fitness: Enhancing Performance Ease and Artistry <i>Maureen Yuen</i>	Workshop - Moving Strings, Play As We Are - Somatic Sound Practices <i>Alex Welch</i> <i>Maya Felixbrodt</i>	Workshop - The practical application of mindfulness in the practice room <i>Lucy Russell</i>
10:45	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08	EEMHUIS, ROOM 4.05	EEMHUIS, ROOM 4.02	EEMHUIS, ROOM 4.01
11:00	COFFEE BREAK sponsored by Pirastro				SHOW CASE EXHIBITORS Masterclass - Competition preparation Talentclass Amersfoort Music School (SidK) <i>Una Stanić</i> <i>Sander Sittig p</i> by support of Maatschappij tot Bevordering der Toonkunst	
11:30	EEMHUIS, CENTRAL CAFÉ				EEMHUIS, EXHIBIT AREA EEMHUIS, ROOM 4.01	
11:45	Lecture - Colourstrings teaching from the inside out <i>Rachel Erdos</i>	Lecture - What teachers need in order to do their best enabling and what can hold us back <i>Eloise Hellyer</i>	Lecture - Playing without pain: Advanced methods of relaxed, vital and expressive playing <i>Zala Eva Kocijančič</i> <i>Vasilij Melnikov</i>	Lecture - Motivating Young Violinists: Keeping Beginners Inspired from Day One <i>Adam Komas</i> sponsored by Hal Leonard	Workshop - Yamaha Strings Class <i>Irene van den Heuvel</i> sponsored by Yamaha Music	Workshop - Folkmusic from North-Marocco: Chaabi Andalusi. Sitting still? No way! Amsterdam Andalusian Orchestra <i>Dwight Breinburg</i> <i>Hamza Amrani</i>
12:15	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08	EEMHUIS, ROOM 4.05		

12:30					EEMHUIS, ROOM 4.26	EEMHUIS, ROOM 4.01
12:30	LUNCH BREAK					SHOW CASE EXHIBITORS
13:00	EEMHUIS, CENTRAL CAFÉ					EEMHUIS, EXHIBIT AREA
13:30	LUNCH CONCERT					
	Britten Youth String Orchestra ft. Ella van Poucke cello					
	c: Loes Visser					
	sponsored by Thomastik Infeld					
14:15	ST. FRANCISCUS XAVERIUS CHURCH					
15:00	Lecture - Music and Medics	Lecture - Gamification in String Teaching - ViolinCircus Card game	Lecture - Enduring exercises, lasting results		Masterclass - How to start improvise as a classical musician	Delegates Meeting
15:15	Hilde Schouls Suzanne Linn	Kundri Lu Emma Schäfer	Dijana Ihas		Joana Carvalhas sponsored by Eastman	All ESTA members are welcome to share their experiences and ideas
15:30	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08			
15:45	TEA BREAK			SHOW CASE EXHIBITORS		
16:00	sponsored by Pirastro				EEMHUIS, ROOM 4.02	Eemhuis, Keizaal
16:15	EEMHUIS, CENTRAL CAFÉ			EEMHUIS, EXHIBIT AREA		
16:30	Workshop - Resonanzlehre, Sound-Body practice for string players	Workshop - LearningLab, Meta-Learning for Young Musicians	Workshop - Teaching and performing with beginning violinist: The Flying Fiddles Series	Lecture - Unleashing the Inner Musician: Albert Marcov's Theory of performance in viola teaching	Workshop - Yamaha Strings Class	Workshop - Discover the magic of Swedish Folk Music
	Yanna Pelser	Sacha Paredes Sánchez Imma Kort, Susan Williams	Jeanne Dolamore	Jorge Alves	Irene van den Heuvel sponsored by Yamaha Music	Janine Buisman Henrik Holm
17:00				EEMHUIS, ROOM 4.05		
17:15	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08		EEMHUIS, ROOM 4.26	EEMHUIS, ROOM 4.01
19:00	GALA CONCERT					
	Amersfoort Youth Orchestra ft. Oene van Geel					
	c: Rolf Buijs					
20:00	GRAND THEATRE FLINT					
20:30	CONFERENCE DINNER					
	RESERVATION OBLIGATORY					
23:00	GRAND THEATRE FLINT					

9:00	Workshop - Nurturing little artists	Masterclass - Violin	Masterclass - Double Bass Instant Composing	Masterclass - Cello
9:15	<i>Hong Anh Shapiri</i>	<i>Wiesje Miedema</i> <i>Henry Kelder p</i> by support of Maatschappij tot Bevordering der Toonkunst	<i>Ernst Glerum</i> by support of Maatschappij tot Bevordering der Toonkunst	<i>Karlien Bartels</i> <i>Sander Sittig p</i> by support of Maatschappij tot Bevordering der Toonkunst
9:45	EEMHUIS, ROOM 4.09			
10:00		EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08	EEMHUIS, ROOM 4.01
10:15	Workshop - Feldenkrais in practice from the inside out	Workshop - Steering versus Obedience Musical and physical autonomy at all stages	Lecture - The Bow of Breath and short introduction 'low vision journey'	Annual Meeting ESTA NL
	<i>Emma Alter</i>	<i>Sally Anne Anderson</i> <i>Sophie Till</i>	<i>Jeffrey Lastrapes</i>	<i>All members ESTA NL welcome</i>
10:45	EEMHUIS, ROOM 4.09	EEMHUIS, ROOM 4.06	EEMHUIS, ROOM 4.08	
11:00				EEMHUIS, KEIZAAL
11:15	COFFEE BREAK			
11:15				
	sponsored by Pirastro			
11:30	EEMHUIS, CENTRAL CAFÉ			
11:45	CLOSING CEREMONY			
	Panel Discussion, wrap-up			
	Hand-over to ESTA 2026 Helsinki			
12:45	EEMHUIS, MAIN HALL			
13:00	CONCERT GRANDE FINALE			
	Participants choir formed by Suzanne Konings			
	Dutch Young String Players (NJSO) ft. Essi Kettunen (FI) v			
	c: Carel den Hertog.			
13:45	EEMHUIS, MAIN HALL			